

# KEELBOAT SPINNAKER INSTRUCTOR STANDARD

## Standard Description

This clinic may be taken by any individual holding the Basic Cruising Instructor certification. Candidates successfully completing this Standard will be authorized to deliver training in the use of one or more types of flying sails.

It is envisioned that this Standard be implemented in a one day (8 hours) with a minimum 4 hour afloat session.

### Objective

To prepare, authorize and evaluate the capability of experienced Basic Cruising Instructors to deliver Sail Canada programs leading to the Keelboat Spinnaker Standard.

### Prerequisites

The candidate must:

1. Be a current Sail Canada Basic Cruising Instructor or higher;
2. Have practical spinnaker experience on the water on appropriately sized vessels as outlined in the Standard;
3. Demonstrate characteristics and motivations worthy of being a Sail Canada LTC/P Instructor;
4. Demonstrate a willingness to support the goals of the Sail Canada LTC/P program.

### Ashore Knowledge

The candidate must:

1. Achieve a mark 90% on all *Sail Canada Spinnaker Working Papers*;
2. Provide a curriculum for a program leading to the Keelboat Spinnaker Standard.

### Ashore Skills

The candidate will be required to prepare and present a classroom or dockside lesson from an assigned topic based on performance objectives from the Keelboat Spinnaker Standard. The specific topic will be assigned during the clinic and the candidate will be given time to prepare a lesson plan.

### Afloat Skills

#### I. Afloat Evaluation #1: General Sailing and Seamanship

Demonstrates sailing skills (at helm and as crew) at or above the level of a Sail Canada Basic Cruise Instructor.

Demonstrates the ability to effectively sail one or more styles of flying sails as both skipper and crew.

#### II. Teaching and Evaluation

The candidate will be required to prepare and present an afloat lesson from an assigned topic based on performance objectives from the Keelboat Spinnaker Standard. The specific topic will be assigned during the clinic and the candidate will be given time to prepare a lesson plan.

Candidates may be evaluated on their ability to teach any or all of the performance objectives in the Standard.

Candidates must also demonstrate the ability to identify omissions or errors in student performance and offer suitable coaching and constructive corrective advice.

For each performance objective, the candidate will be expected to know it, to be able to teach it, and to be able to critically evaluate and coach the performance of students.

### Outcomes

At the end of this clinic candidates may be:

- a) Successful and complete,
- b) Trained - successful and incomplete (candidate missing prerequisites; examinations or working papers not completed to the required standard),

c) In Training - unsuccessful (Candidate did not demonstrate an appropriate level of sailing or seamanship skills, unprofessional behavior at the clinic).

Candidates who are unsuccessful will be given a path to follow to address observed deficiencies and advised what will be required for them to achieve certification if desired.

Successful but incomplete candidates will be advised of their outstanding requirements and the time frame in which these requirements must be addressed.

### **Certification Authority**

Sail Canada Keelboat Spinnaker Standard.

### **Additional Notes**

Instructors must register annually prior to teaching or awarding Sail Canada certifications.

An Instructor Candidate should possess all prerequisites prior to enrolling in a clinic, and must complete all the requirements for certification within four months of the last day of the Instructor Development Program (IDP) in which the Instructor Candidate participated.

Recertification is required for all instructor levels by attendance at an Instructor Development Program to renew or upgrade Instructor or IE qualifications. Refer to the *Instructor Recertification* section on the Sail Canada website Keelboat and Cruising Instructor page, the Practices and Procedures Manual and your Provincial Sailing Association for additional information.

### **Physical Requirements for Candidates**

These training sessions will require periods of moderate upper body exertion, a moderate level of arm strength as well as agility and balance sufficient to allow the instructor candidate to safely move around the vessel.

Demonstration of good communications and coaching skills will be expected of the candidate. Candidates will be asked to demonstrate the ability to safely operate a teaching vessel with novice sailors aboard in wind and weather conditions including the upper limits of a Strong Wind warning.

Candidates that will be involved in the delivery of the “live aboard cruise and learn” formats of training leading to this Standard will also be expected to meet the requirements specified for Intermediate Cruising Instructors.

### **Further Information**

For further information on becoming a Sail Canada Keelboat / Cruising Instructor contact your Provincial Sailing Association or Sail Canada.