

BASIC KEELBOAT RACING INSTRUCTOR STANDARD

Standard Description

This standard is awarded by completion an application process and demonstration of competence and is open to any Instructor that holds the Basic Cruise Instructor Standard. Candidates interested in achieving this instructor standard must demonstrate mastery of the knowledge through writing the student level exams, by planning a curriculum and developing lesson plans for delivery of the training. Candidates must have extensive race experience in support of the application process. Those successfully completing the application and knowledge evaluation process will be authorized to deliver training leading to the Sail Canada Introduction to Keelboat Race and Basic Keelboat Race standards.

Candidates applying for this standard will need to allocate sufficient time to prepare a curriculum plan and lesson plans for delivery of the entire standards. It is recommended that the candidate also prepare and submit training support materials for review (presentations, exercises and answer keys etc.) that would be used in delivery of student training sessions..

Objective

To prepare, evaluate the capability of and authorize Sail Canada Cruising instructors to conduct programs leading to the Sail Canada Introduction to Keelboat Racing and Basic Keelboat Racing standards.

Prerequisites

The candidate must:

1. Be a current Sail Canada Basic Cruising Instructor or higher;
2. Have practical racing experience on the water on appropriately sized vessels as outlined in the standard;
3. Demonstrate characteristics and motivations worthy of being at Sail Canada LTC/P Instructor;
4. Demonstrate a willingness to support the goals of the Sail Canada LTC/P program.

Ashore Skills and Ashore Knowledge

The candidate must:

1. Achieve a mark 90% on the Sail Canada Introduction to Keelboat Racing and Basic Keelboat Racing Examinations;
2. Provide a curriculum and lesson plans for a program leading to the Sail Canada Introduction to Keelboat Racing and Basic Keelboat Racing Standards;
3. Complete the application in the Practices and Procedures Handbook - *Cruising & Power Instructor Clinic / Certification Application*.

Afloat Skills and Afloat Skills Evaluation

These skills are evaluated in the prerequisite instructor clinics.

Ashore Skills and Ashore Knowledge Evaluation and Outcomes

Candidate curriculum plans, lesson plans and completed examinations are submitted to Sail Canada along with the application for certification. They will be reviewed for approach, completeness and content.

Submitted material may be accepted as sufficient or candidates may be asked to provide additional information or to modify the material submitted.

Should modifications to the submission be requested, the modified materials must be provided to Sail Canada for evaluation.

When materials submitted are evaluated and deemed to reflect appropriate content, are complete, correct and specify a reasonable approach and sequence to training the applicant will be notified that certification is complete and the Sail Canada database will be updated.

Certification Authority

Sail Canada Introduction to Keelboat Racing standard and Sail Canada Basic Keelboat Racing Standard

Additional Notes

Instructors must register annually prior to teaching or awarding Sail Canada certifications.

An Instructor Candidate should possess all prerequisites prior to enrolling in a clinic, and must complete all the requirements for certification within four months of the last day of the Instructor Development Program (IDP) in which the Instructor Candidate participated.

Recertification is required for all instructor levels by attendance at an Instructor Development Program to renew or upgrade Instructor or IE qualifications. Refer to the *Instructor Recertification* section on the Sail Canada website Keelboat and Cruising Instructor page, the Practices and Procedures Manual and your Provincial Sailing Association for additional information.

Physical Requirements for Candidates

These training sessions will require periods of moderate upper body exertion, a moderate level of arm strength as well as agility and balance sufficient to allow the instructor candidate to safely move around the vessel.

Demonstration of good communications and coaching skills will be expected of the candidate. Candidates will be asked to demonstrate the ability to safely operate a teaching vessel with novice sailors aboard in wind and weather conditions including the upper limits of a Strong Wind warning.

Candidates that will be involved in the delivery of the “live aboard cruise and learn” formats of programs leading to these standards will also be expected to meet the requirements specified for Intermediate Cruising Instructors.

Further Information

For further information on becoming a Sail Canada Navigation Instructor contact your Provincial Sailing Association or Sail Canada.