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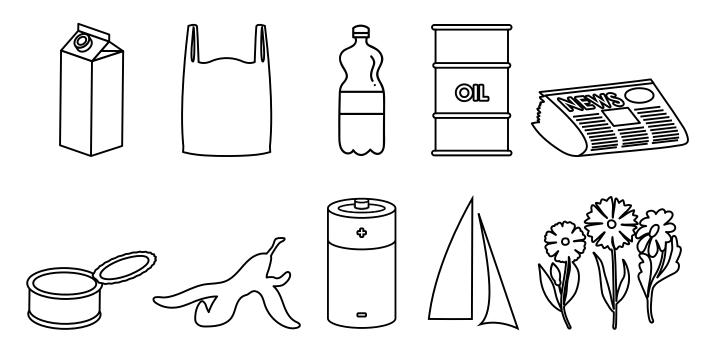
Can you remember the meaning of the new words from Topic 4?

Match each word to its definition.

Key word	Meaning
Waste	Organic material that has been broken down by microorganisms and oxygen.
Compost	A group of things or people in order of power or importance.
Hierarchy	A system that aims to get rid of waste by continuing to reuse materials again and again.
Biodegradable	The water found underground in the cracks and spaces in soil, sand and rock.
Circular Economy	Items we don't need anymore and want to throw away.
Groundwater	Something that can be broken down into small parts by other living things (like bacteria).

Don't throw it out!

Look at the different items below. Don't throw some of them out! Colour in the items you could reuse.







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Clean up time!

As top sustainable sailors, it is our responsibility to help keep our ocean, lakes and rivers healthy.

Write the time that your instructor gives you in the stopwatch. This is how much time you will have to clean up!



Look at each piece of waste you picked up. Put a tick in the bin it belongs in.

Don't forget!

- Use any safety equipment (gloves, picker etc) that your instructor gives you
- Never pick up sharp objects, needles, or animal faeces. If you see anything like this, tell your instructor
- Stay within the boundaries that your instructor gives you



Reusable	Recyclable	Compostable	Rubbish	

Debrief time

It is important to reduce waste because:

1.	
2.	
3.	



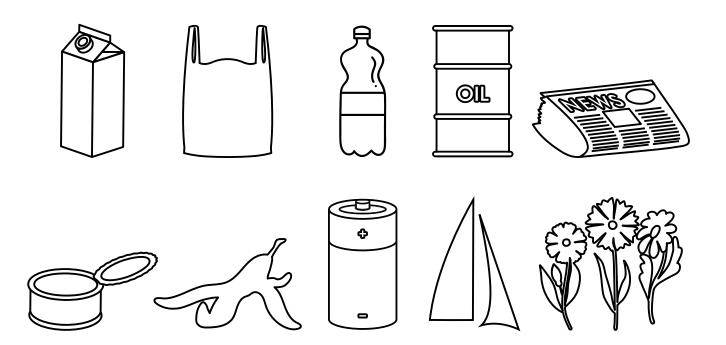
Can you remember the meaning of the new words from Topic 4?

Use the first letter to complete each word, then match the definitions.

Key word	Meaning
w	Organic material that has been broken down by microorganisms and oxygen.
c	A group of things or people in order of power or importance.
н	A system that aims to get rid of waste by continuing to reuse materials again and again.
В	The water found underground in the cracks and spaces in soil, sand and rock.
C E	Items we don't need anymore and want to throw away.
G	Something that can be broken down into small parts by other living things (like bacteria).

Don't throw it out!

Look at the different items below. Don't throw some of them out! Colour in the items you could reuse.







Clean up time!

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Write the time that your instructor gives you in the stopwatch. This is how much time you will have to clean up!



Don't forget!

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- Stay within the boundaries that your instructor gives you •

What did you find?

ltem	Where was it found?	What can we do with it? (Reuse, Recycle, Compost, Discard)	If it is reusable, what could we do with it?

What type of waste did you find the most of? _____

Where was most of the waste found?

Debrief time

The type of waste I generate the most is	

I think this is because ____

3 ways I can cut down on my waste to be a top sustainable sailor, are:

1._____ 2._____ 3.



Can you remember the meaning of the new words from Topic 4?

Read each definition and write in the word.

Key word	Meaning
	Organic material that has been broken down by microorganisms and oxygen.
	A group of things or people in order of power or importance.
	A system that aims to get rid of waste by continuing to reuse materials again and again.
	The water found underground in the cracks and spaces in soil, sand and rock.
	Items we don't need anymore and want to throw away.
	Something that can be broken down into small parts by other living things (like bacteria).

Don't throw it out!

Look at the different items below. Don't throw some of them out! Colour in the items you could reuse.



Can you think of how to reuse the items?





Clean up time!

As top sustainable sailors, it is our responsibility to help keep our ocean, lakes and rivers healthy.

Write the time that your instructor gives you in the stopwatch. This is how much time you will have to clean up!



Don't forget!

- Use any safety equipment (gloves, picker etc) that your instructor gives you
- Never pick up sharp objects, needles, or animal faeces. If you see anything like this, tell your instructor
- Stay within the boundaries that your instructor gives you

4.

5.

What did you find?

Item	Where was it found?	What can we do with it? (Reuse, Recycle, Compost, Discard)	If it is reusable, what could we do with it?

What type of waste did you find the most of? _____

Where was most of the waste found?

Debrief time

The type of waste I	generate the most is	

I think this is because ____

5 ways I can cut down on my waste to be a top sustainable sailor, are:

1.	
2.	
3.	