



Can you remember the meaning of the new words from Topic 1?

Match each word to its definition.

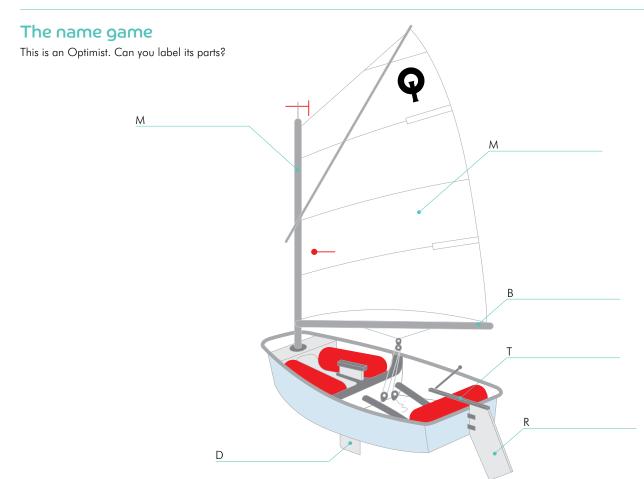
Key word	Meaning
Sustainability	To complete something without help from anyone.
Perseverance	Organisms that grow in water.
Courage	To care for something.
Resilience	The concept of being able to use or do something for a long time without running out of resources or damaging the environment.
Single- handed	To keep trying, even when it might be difficult.
Algae	Doing something that might scare you.
Stewardship	Getting through a difficult time, being strong on the inside and trying your best.

Search for words!

Find the races and boats in the word search.

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the ocean race dinghy kitesurfing catamaran americas cup skiff olympics imoca







Race with World Sailing!



Quiz time!

Let's see what we remember from Topic 1: Race with World Sailing! This is a 2 person team multiple choice quiz. Read each question and decide which answer your team thinks is correct. Check with your instructor for the answers!

- 1. When did World Sailing start?
- a. 1905
- b. 1906
- c. 1907
- 2. What is the name of the goals that aim to solve extreme poverty, fix climate change and fight inequality and injustice?
- a. United Nations Environmental Goals
- b. United Nations Sustainable Development Goals
- c. United Nations Eco-Development Goals

- 3. Which of the races that you learnt about in Topic 1 is the oldest?
- a. The Ocean Race
- b. The Olympic Games
- c. America's Cup
- 4. Which of the races that you learnt about in Topic 1 is the longest?
- a. SailGP
- b. The Ocean Race
- c. America's Cup
- 5. Which of the boats that you learnt about in Topic 1 is the fastest?
- a. F50
- b. IMOCA 60
- c. VO65

Debrief time		
My favourite class of boat is the		because
l like	race because	
2 things that I can do to become a more sustaina	ble sailor are:	
1		
0		





olympics

Can you remember the meaning of the new words from Topic 1?

Use the first letter to complete each word, then match the definitions.

Key word	Meaning
s	To complete something without help from anyone.
P	Organisms that grow in water.
c	To care for something.
R	The concept of being able to use or do something for a long time without running out or damaging the environment.
Sh	To keep trying, even when it might be difficult.
Α	Doing something that might scare you.
s	Getting through a difficult time, being strong on the inside and trying your best.

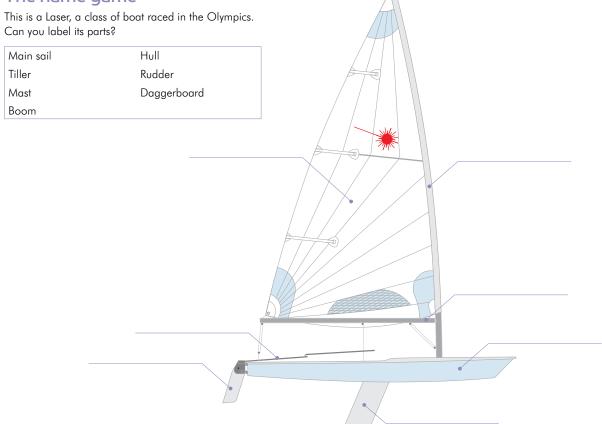
Search for words!

Find the races and boats in the word search.

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pwa world tour	the ocean race	americas cup
windsurfing	dinghy	catamaran
skiff	imoca	kitesurfina









Race with World Sailing!

Quiz time!

Let's see what we remember from Topic 1: Race with World Sailing! This is a 2 person team quiz. Read each question and decide on the answer with your teammate. Check with your instructor for the answers!

- 1. When did World Sailing begin?
- a. 1905
- b. 1906
- c. 1907
- 2. What is the name of the goals that aim to solve extreme poverty, combat climate change and fight inequality and injustice?
- a. United Nations Environmental Goals
- b. United Nations Sustainable Development Goals
- c. United Nations Eco-Development Goals
- 3. Which of the races that you learnt about in Topic 1 is the oldest?
- a. The Ocean Race
- b. The Olympic Games
- c. America's Cup
- 4. Which of the races that you learnt about in Topic 1 is the longest?
- a. SailGP
- b. The Ocean Race
- c. America's Cup

- 5. Which of the boats that you learnt about in Topic 1 is the fastest?
- a. F50
- b. IMOCA 60
- c. VO65
- 6. How many sailing events are there in the Olympic Games, where you can win an Olympic medal?
- a. 5
- b. 10
- c. 14
- 7. How many times has Dee Caffari single-handedly sailed nonstop around the world?
- a. 1
- b. 2
- c. 3
- 8. Who does Yago Lange sail with in the Olympic Games?

List 2 things that make someone a top sailor

- a. his father
- b. his sister
- c. his brother
- 9. Bonus question!

because	
race because	
because	





Can you remember the meaning of the new words from Topic 1?

Read each definition and write in the word.

Key word	Meaning
	To complete something without help from anyone.
	Organisms that grow in water.
	To care for something.
	The concept of being able to use or do something for a long time without running out or damaging the environment.
	To keep trying, even when it might be difficult.
	Doing something that might scare you.
	Getting through a difficult time, being strong on the inside and trying your best.

Search for words!

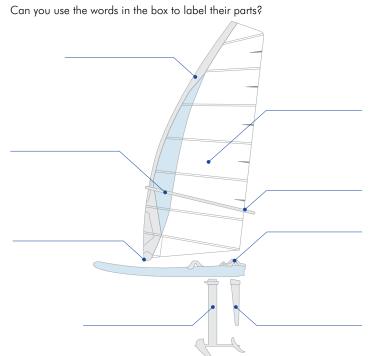
Find the races and boats in the word search.

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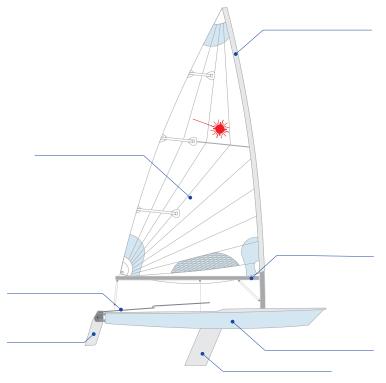
pwa world tour	the ocean race	americas cup	dinghy
windsurfing	catamaran	olympics	
skiff	imoca	kitesurfing	

The name game

Here is a Laser and an iQFOIL.



Main sail	Boom	Out Haul	Foil
Mast	Down Haul	Strap	Fin



Main sail	Mast	Hull	Daggerboard
Tiller	Boom	Rudder	





Race with World Sailing!

6. Which of the boats that you learnt about in Topic 1 is the fastest?

Quiz time!

b. The Ocean Racec. America's Cup

Let's see what we remember from Topic 1: Race with World Sailing! This is a 2 person team quiz. Read each question and decide on the answer with your teammate. Check with your instructor for the answers!

5. For 1 of the races can you remember 1 fact about sustainability?

1. When did World Sailing start?	7. How many sailing events are there in the Olympic Games, wher
a. 1905	you can win a medal?
b. 1906	α. 5
c. 1907	b. 10
2. What is the name of the goals that aim to solve extreme poverty, combat climate change and fight inequality and injustice?	c. 148. How many times has Dee Caffari single-handedly sailed non-
a. United Nations Environmental Goals	stop around the world?
b. United Nations Sustainable Development Goals	a. 1
c. United Nations Eco-Development Goals	b. 2
3. Which of the races that you learnt about in Topic 1 is the oldest?	c. 3
a. The Ocean Race	9. Who does Yago Lange sail with in the Olympic Games?
b. The Olympic Games	a. his father
c. America's Cup	b. his sister
4. Which of the races that you learnt about in Topic 1 is the	c. his brother
longest?	10. List 4 things that make someone a top sailor
a. SailGP	

b. IMOCA 60

c. VO65

Debrief time I'd like to sail a	because	
Ta like to sail a		
I'd like to compete in	race because	
2 individual skills I need to develop to become a top sailor are:		
	because	
	because	
I want to become a more sustainable sailor because		