

# ADVANCED CRUISING INSTRUCTOR STANDARD

## Standard Description

This clinic focuses on developing the training, coaching and lesson presentation skills relevant to delivery of training leading to the Advanced Cruising student level. The Advanced Cruising Instructor clinic follows the clinic leading to certification as an Intermediate Cruising Instructor. Candidates successfully completing this clinic will be authorized to deliver training leading to the Advanced Cruising and Advanced Crew standards in addition to the standards an Intermediate Cruising Instructor may award. Candidates attending this clinic must be capable of safely operating a keelboat up to 15 metres in length, day and night, in a passage making environment and in a wide range of weather conditions. Candidates sailing, boat handling and navigation skills will be assessed to ensure that they are capable of demonstrating skills that are components of this level of instruction and operating the vessel in the range of conditions that may be encountered.

It is envisioned that this Standard be implemented in a minimum of three days. Additional sessions may be scheduled for the completion of examinations. Candidates will need to allocate additional time to complete working papers, review materials and prepare for the clinic. This standard may also be attained by successfully team teaching with a Sail Canada Senior Instructor Evaluator certified to award this certification level.

## Objective

To prepare and evaluate the capabilities of experienced Intermediate Cruising Instructors and authorize them to deliver Sail Canada programs leading to the Advanced Cruising Standard. At the end of this program the successful candidate should have the basic tools to be ready to develop a curriculum and plan and deliver quality lessons that will build student skills and knowledge at the level of the Sail Canada Advanced Cruising standard.

## Prerequisites

The candidate must:

1. Be age 20 or older;
2. Be currently registered as a Sail Canada Intermediate Cruising Instructor;
3. Have logged a minimum of 300 hours teaching as a Sail Canada Cruising Instructor with 50% or more of this time teaching afloat and have taught at least 2 live-board programs leading to the Sail Canada Intermediate Cruising Standard;
4. Have logged cruising time of 30 days as a skipper, minimum of 5 overnight passages;
5. Be recommended by a currently registered Senior LTC/P Instructor Evaluator;
6. Demonstrate characteristics and motivations worthy of being at Sail Canada LTC/P Instructor;
7. Demonstrate a willingness to support the goals of the Sail Canada LTC/P program.

## Ashore Knowledge

The candidate must:

1. Achieve a mark of 90% on the *Sail Canada Advanced Cruising* examination;
2. Achieve a mark of 90% on the *Sail Canada Intermediate Coastal Navigation* examination;
3. Achieve a mark of 90% on the *Sail Canada Rules and Buoyage Exam* based on Rules 1 through 37, 40 and 45 of the International Regulations for Prevention of Collision, the Canadian Buoyage System and Canadian regulations;
4. Achieve a mark of 90% on all *Sail Canada Advanced Cruising Working Papers* as supplied in the Advanced Cruising Instructor Candidate Workbook. These are open-book and may be completed at home before the clinic.

## Ashore Skills and Ashore Skills Evaluation

The candidate:

1. Will demonstrate a competent ability to teach, coach and evaluate the principles of coastal navigation;
2. Will be evaluated on ability to plan, teach, coach and evaluate a selection of performance objectives from the Ashore Knowledge section of the Advanced Cruising Standard.

## **Afloat Skills and Afloat Skills Evaluation**

The candidate:

1. Will be evaluated on ability to plan, teach, coach and evaluate a selection of performance objectives from the Afloat Skills from the Advanced Cruising Standard by day and night;
2. Will be evaluated on ability to perform in emergency situations by day and night;
3. Will provide a curriculum for a program leading to the Advanced Cruising Standard.

## **Outcomes**

At the end of this clinic candidates may be:

- a) Successful and complete,
- b) Trained - successful and incomplete (candidate missing prerequisites; examinations or working papers not completed to the required standard),
- c) In Training - unsuccessful (Candidate did not demonstrate an appropriate level of sailing or seamanship skills, unprofessional behavior at the clinic).

Candidates who are unsuccessful will be given a path to follow to address observed deficiencies and advised what will be required for them to achieve certification if desired.

Successful but incomplete candidates will be advised of their outstanding requirements and the time frame in which these requirements must be addressed.

## **Certification Authority**

Advanced Crew Standard and Advanced Cruising Standard as well as the certification powers of an Intermediate Cruise Instructor.

## **Additional Notes**

Instructors must register annually prior to teaching or awarding Sail Canada certifications.

An Instructor Candidate should possess all prerequisites prior to enrolling in a clinic, and must complete all the requirements for certification within four months of the last day of the Instructor Development Program (IDP) in which the Instructor Candidate participated.

Candidates must demonstrate they are physically capable of caring for the students who placed in their care. This is required for initial certification and subsequent re-certification and is accomplished through completion of a Transport Canada Marine Medical examination.

Recertification is required for all instructor levels within 36 months of the first calendar yearend following the last day of an initial certification, recertification or IDP as authorized by the Sail Canada Training and Certification Advisory Committee.

Recertification is by application to the Sail Canada as per the LTC/P Practices and Procedures Handbook or the Sail Canada website or by attending an IDP to renew or upgrade Instructor/IE qualifications.

## **Physical Requirements for Candidates**

These live aboard programs include periods (48 hours or more) of continuous passage making. Periods of moderate upper body exertion, a moderate level of arm strength as well as agility and balance sufficient to allow the candidate to safely move around the vessel are required. Candidates must complete a Transport Canada Marine Medical to be able to complete this instructor standard. Candidates must be capable of taking responsibility for and operating the teaching vessel both day and night under sail and power in a wide range of weather conditions including large seas and wind conditions that may reach gale force wind strength. Candidates must demonstrate good communications and coaching skills and the ability to correctly demonstrate any of the skills that are part of the advanced cruising standard. The ability to build and manage small teams and the stamina to ensure safe operation of the vessel throughout the training sessions are mandatory.

## **Further Information**

For further information on becoming a Sail Canada Keelboat / Cruising Instructor contact your Provincial Sailing Association or Sail Canada.