

2021 Competition Development Course Format - Pilot

In 2020 Sail Canada began a review of the Competition Development Course and material, through the review came the development of online modules to introduce coaches to the material before arriving at the clinic.

Due to Covid, the 2021 clinic will be formatted a little differently than typical years and the reviewed material will be piloted at this clinic.

The course will include one online module per month starting June 2021 - November 2021. Online modules will include assignments and breakout sessions that will cover skills such as error detection and running a practice. Coaches may be asked to film a training session, brief or debrief and review during an online session.

Date	Time	Module
June 26	6 - 8 pm Eastern	Module 1 - Introduction to the Development Coach Course & Coach Leadership
June - Watch on their own time		Module 8 - Fitness and Nutrition (pre recorded by CSIO)
July 24	6 - 8 pm Eastern	Module 2 - Structuring a Practice
August 28	6 - 8 pm Eastern	Module 3- Analyzing Performance
September	2 hr	Module 4 - Technical & Tactical Knowledge
October	2 hr	Module 5 - Program Design & Management
October	2 hr	Module 6 - Coaching at Regattas
November	2 hr	Module 7 - Tactics and Strategy
January		Check in meeting - mentorship ect.

Mentorship program will continue throughout the course, beginning in June. Each candidate would be required to participate in a minimum of three in person mentorship sessions (this

number may be increased if three sessions is not adequate for on water evaluation of the coach). This could take place at training camps, talent ID camps or regattas. Mentorship period will run from June 2021 - July 2022.

Candidates can propose a mentor during the application process. Multiple candidates can attend the same in person camp or talent ID camp for in person mentorship.

Expectations from Candidates

1. Comp Dev candidates will be present for every session and actively participate in discussion and complete all assignments
2. Comp Dev candidates will complete all in person mentorship and actively participate in the mentorship program.
3. Comp Dev candidates will complete all prerequisites (NCCP Courses) before June 2022 (these modules are required for certification)
4. Comp Dev candidates will complete CAC Safe Sport and EPIC Background Check

Application Process:

Applications to the Competition Development Program will be submitted to the Sail Canada office (katie@sailing.ca) and will be reviewed by your PSA and the Sail Canada Development Coach Course Panel.

All Candidate Applications must include:

- [CANSail Development Coach Application Form](#)
- Sailing CV - including proof of competency in relevant racing experience (typically at national level or higher championships as recognized by an MNA or World Sailing). A preference exists for candidates who have campaigned in a World Sailing - recognized class.
- Letter of Intent - from the candidate explaining why they would like to be considered for the course, what they will do with their DCP training in the upcoming year, and what preparation they are currently taking to get prepared for the course (i.e. PCOC, coaching alongside an existing qualified coach).
- Reference Letters – Minimum of one (from a previous coach at or above the DCP level)
- Endorsement Letter from PSA & / or Regional Training Centre – Letter(s) to include an explanation of why the candidate has been endorsed.