

# How do I become a Sail Canada Cruising / Keelboat Instructor?

**Start by completing the required [Prerequisites](#)**

**Sail Canada Sailing Certificate**  
(Minimum of Basic Cruising)

**Pleasure Craft Operators Card**

**First Aid and CPR Certificates**

**VHF ROC(M) with DSC**

**Safe Sport Training**

**Criminal Background Check**

See Prerequisite chart below for further details.

**Register** for the appropriate [Instructor Clinic](#) offered by your Provincial Sailing Association:

Start Keelboat Sailing Instructor

Basic Cruising Instructor  
(Includes PCOC and optional VHF instructor levels)

Intermediate Cruising Instructor

Basic Keelboat Racing Instructor

Advanced Cruising Instructor

Offshore Cruising Instructor

If you successfully **complete** your Instructor Course and Register with Sail Canada you will be a **Certified Cruising Instructor** who is able to coach & certify sailors at the appropriate level.

**Remain Current**

Regularly renew your certification, through application (proof of activity) or by attending an Instructor Clinic

[Register with Sail Canada](#) (Certified and Current Cruising Instructors are to register with Sail Canada each year so that they are able to award Cruising levels, have access to resources and are covered by the Sail Canada Coach & Instructor personal liability insurance)



# Cruising / Keelboat Instructors

## PREREQUISITE CHART

Prerequisite	Types Accepted	Certification Period
<b>Required Sail Canada Levels</b>	<p><b>Start Keelboat Sailing Instructor:</b> Basic Cruising</p> <p><b>Basic Cruising Instructor:</b> Basic Cruise, Coastal Navigation or Basic Coastal Navigation, Intermediate Cruising (theory exam only)</p> <p><b>Basic Race Instructor:</b> Basic Cruising Instructor</p> <p><b>Intermediate Cruising Instructor:</b> Basic Cruising Instructor, Intermediate Cruising, Advanced Cruising, Intermediate Coastal Navigation</p> <p><b>Advanced Cruising Instructor:</b> Intermediate Cruising Instructor</p> <p><b>Offshore Cruising Instructor:</b> Advanced Cruising Instructor, Celestial Navigation, Advanced Navigation, Offshore Cruising</p> <p><b>Note:</b> In special cases, candidates may be accepted for an instructor clinic prior to completing these prerequisites. Contact your Provincial Sailing Association for more information.</p>	3 Years to Dec 31 of expiry year
<b>First Aid &amp; CPR</b>	St. John's Standard, Canadian Red Cross Standard and others (see training division policy manual). CPR Nationally recognized level "A" or higher.	3 Years
<b>VHF ROC Maritime /DSC</b>	Required for all Cruising and Power levels.	N/A
<b>Pleasure Craft Operator Card</b>	Any Transport Canada Accredited Program	N/A
<b>Criminal Background Check</b>	Enhanced Police Information Check obtained from <a href="#">Sterling Talent Solutions</a> , Local Police Station or other nationally recognized provider.	5 Years
<b>Safe Sport Training</b>	<a href="#">Coaching Association of Canada – Safe Sport Module</a> Respect in Sport – Activity Leader Training (access direct link through Sail Canada profile)	5 Years

# Terminology

**ADVANCED CRUISING INSTRUCTOR** - Can instruct and certify Introduction, Start Keelboat Sailing, Basic, Intermediate and Advanced Cruising levels.

**BASIC CRUISING INSTRUCTOR** - Can instruct and certify Introduction, Start Keelboat Sailing and Basic Cruising levels.

**BASIC KEELBOAT RACING INSTRUCTOR** - Can instruct and certify at the Basic Keelboat Racing level as well as other cruising levels for which they are certified. Application for Basic Race Instructor is available in the LTC/P Practices and Procedures Handbook.

**CERTIFIED** – An Instructor who has successfully completed a training clinic and evaluation within a context. A certified Instructor is able to instruct and certify students within the context. Eligible for recertification at the end of the 3 year certification period.

**CURRENT** – A certified Instructor who has registered with Sail Canada for the current year and who has prerequisites which have not expired.

**INTERMEDIATE CRUISING INSTRUCTOR** - Can instruct and certify Introduction, Start Keelboat Sailing, Basic and Intermediate Cruising levels.

**INSTRUCTOR CLINIC** - A course at which instructors are trained and assessed within the desired context. Organized by Provincial Sailing Associations, includes both land and on-water sessions.

**OFFSHORE CRUISING INSTRUCTOR** - Can instruct and certify Introduction, Start Keelboat Sailing , Basic, Intermediate, Advanced and Offshore Cruising levels.

**REGISTERING WITH SAIL CANADA** – All Cruising Instructors are required to register with Sail Canada each year in order to be able to award Sail Canada sailors levels and to obtain their personal liability insurance. Registration can be completed through your Sail Canada profile at [www.sailing.ca](http://www.sailing.ca).

**START KEELBOAT SAILING INSTRUCTOR** - Can instruct and certify Introduction and Start Keelboat Sailing levels.

