

## Pathway to Coach Development & Certification

### Development Coach Candidate Selection Process

- Potential candidates who have had previous racing experience (preference for having campaigned an ISAF-recognized class) and show an interest in race coaching are to submit an application to Sail Canada including an endorsement of their Provincial Sailing Association or Regional Training Centre.
- Endorsed applications are sent to the Development Coach Program Selection Panel, which selects the 10-12 strongest candidates for the National Development Coach Course.
- Candidates begin work on fulfilling the prerequisites associated with Development Coach Program certification:
  - Pleasure Craft Operator Card
  - Boat Rescue and First Aid Certification
  - Completion of the 6 NCCP Competition-Development Multi-Sport Modules

### Development Coach Course

At the 5-day national course, coach candidates are trained on how to:

- Structure and execute an effective on-water practice
- Analyze performance, give feedback, and use video
- Teach tactics and strategy specific to sailing
- Design and manage 4-12 month Race Team programs
- Incorporate fitness, nutrition, and mental training into their program
- Coach at regattas
- Be an effective leader
- Recognize essential rigging, tuning, and technique in 2 or more Sail Canada recognized classes (Likely C420, Laser/Radial, or 29er)

At the end of the course, candidates who meet Sail Canada professionalism and safety standards will be awarded “*CANSail Development Coach – Trained*” status. In addition, at their discretion Development Coach Program Course Facilitators may begin checking off items on candidates “Evaluation Checklist” when transitioning “Trained” candidates to the Mentoring and Certification stage.

### Mentoring, Evaluation, and Full Certification

Trained Candidates are assigned Mentors after the Development Coach Course.

Trained Candidates and Mentors work together to:

- Ensure candidates complete all prerequisites
- Practice and hone the 8 skills developed at the Development Coach Course
- Evaluate/verify proficiency and check off all items on the Evaluation Checklist (a minimum of three face-to-face sessions are required to do this – once where the Candidate sees the Mentor at work, once where the Mentor sees the Candidate at work, and once at a regatta)

An External Evaluator must take part in components of the evaluation and sign off on the final Evaluation Checklist.

Coaches that successfully complete all prerequisites and are evaluated as complete on all items on the Evaluation Checklist will be awarded “*CANSail Development Coach – Certified*” status.

### Maintaining Certification

To maintain certification as a Sail Canada Development Coach / NCCP Comp Dev coaches must:

- Maintain validity of Prerequisites (First Aid/CPR and Coach Boat Safety)
- Undergo Practical re-evaluation in the program every 3 years. Re-evaluation sessions may be arranged by contacting [coach@sailing.ca](mailto:coach@sailing.ca).