



# Sail Canada Youth Code of Conduct

I, \_\_\_\_\_, am a youth athlete training and competing in the sport of sailing.

I understand that while competing, training and participating in the sailing community I must:

- Work towards attaining my full potential in the lifelong sport of sailing.
- Respect fellow sailors, volunteers, staff and coaches
- Be gracious in victory and defeat, be co-operative, sportsmanlike and always remain a team player. I will remember that my actions on and off the water reflect not only on me, but my sailing organization as well.
- Regard the Racing Rules of Sailing as a form of agreement. The Rules represent the spirit or letter, which I shall not evade or break.
- Treat all venues, public areas, facilities as well as other people's property as I would my own. I understand that any wilful destruction of property or theft is not permitted. Full payment will be required for any destruction.
- Not get involved in any act considered to be an offense under federal, provincial or local laws.
- Neither possess nor use any prohibited drugs, alcohol, cigarettes or non-medical drugs while attending a Sail Canada and/or provincial sailing association run event.
- Become aware of what "anti-doping" is all about, and ensure that I triple check to make sure any medications / prescribed drugs / nutritional supplements I take are not considered banned/restricted substances (visit [www.cces.ca](http://www.cces.ca) for more information).
- Enjoy the sport of sailing!

I understand that the regatta jury, and/or Sail Canada personnel on site shall investigate any disciplinary problems that arise. If it is decided that individuals are not adhering to the above guidelines, the following may be pursued:

- a) Termination of individual's participation in the given event;
- b) Removal of individual's right to compete in future related events;
- c) Withdrawal of funding for future Sail Canada / PSA / Club events & teams;
- d) Individual may be subject to further discipline by Sail Canada &/or PSA.

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Athlete Signature

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Date