



# VOLVO CARS VOLUNTEER OF THE MONTH BÉNÉVOLE DU MOIS D'AUTOMOBILES VOLVO CANADA

## Volvo Car Volunteer of the Month

**Gillian West**  
of  
**Simply Sailing**  
in  
**Vancouver, BC**



Gillian West has been instrumental in developing the CYA (now Sail Canada) Cruising program standard and is the author of the **Sail Canada Basic Cruising Skills** program resource. This manual has been used by Sail Canada registered sailing schools and Instructors as supplement to their training in Basic Cruising lessons, and by Learning Facilitators as they train Sail Canada Cruising Instructors. Without Gillian, the Sail Canada Learn to Cruise program would not be what it is today. Gillian has been teaching all levels of sailing and navigation for over thirty years.

Gillian has held leadership positions as a teacher and long-time Sail Canada Cruising Instructor and Instructor Evaluator. She has circumnavigated the world cruising her own boat. As Gillian wrote the Cruising reference book, she remains grateful for content contributions from fellow sailors and instructors, the students of the Sail Canada Cruising Programs, and past members of Sail Canada's Cruising committees.

With a lifetime of devotion to safe and adventurous sailing, Gillian has held positions on race committees, boards of directors for sailing clubs and schools, and contributed on of sailing committees for Sail Canada, [BC Sailing](#) and the [Royal Vancouver Yacht Club](#). Her commitments didn't stop there – students at [Simply Sailing](#) and other sailing schools in Greater Vancouver, BC area have been fortunate to have been mentored by her passion and expertise!

[Simply Sailing](#) is a Member Sailing School with BC Sailing & Sail Canada delivering [Sail Canada Cruising and Keel Boat Sailing Training](#).

### Nominate a volunteer at your club today!

Follow these simple steps to nominate for **Volvo Car Volunteer of the Month**:

- 1) **Confirm that your club or sailing school is member in good standing &/or registered for the year.**
  - Member Clubs are listed [here](#)
  - Member Sailing Schools are listed [here](#)
  - Registered CANSail Training Sites are listed [here](#)
- 2) Click [here for online nomination form](#) and instructions for photo submissions to [volvocarsvolunteer@sailing.ca](mailto:volvocarsvolunteer@sailing.ca)

### About Volvo Car Canada

Volvo Car Canada Ltd. is part of the Volvo Car Group of Gothenburg, Sweden. The company provides marketing, sales, parts, service, technology and training support to the 38 Volvo automobile retailers across the country. The S60, S80 and XC60 are among only 22 vehicles that have been awarded the prestigious new Top Safety Pick+ by IIHS (Insurance Institute for Highway Safety). Volvo Cars is committed to Vision 2020, our goal that no one shall be killed or seriously injured in a Volvo by the year 2020.