



ANNOUNCING THE 2020 CANADIAN SAILING YOUTH SQUAD

Sail Canada is pleased to announce the formation of the Canadian Sailing Youth Squad for 2020. The purpose of this squad is to bring the best of Canada's youth together to enhance racing skills, exposure to Olympic class sailing and make the transition to the Canadian Sailing Team & Canadian Sailing Development Squad.

For 2020, the squad will consist of 8 single and 4 doublehanded teams. (split between men and women)

This squad will be given access to select training opportunities with the Canadian Sailing Development Squad, the annual Canadian Sailing Team Camp, national coaching at select regattas and coaching support at one European event. Sailors will also work with the Sail Canada technical staff on developing their racing skills within their regional and local training environment.

How Do I Qualify?

The 2020 Canadian Sailing Youth Squad will be selected from the 2019 Canadian Sailing Youth Squad Trials Camp which will be hosted January 2-6, 2020 at a location to be determined.

Athletes can qualify to attend this camp through;

- One of six Sail Canada Regional Invitational Talent ID Camps hosted in the Central, Atlantic, and Pacific regions

OR

- The Sail Canada National Youth Olympic Training Seminar (YOTS)

OR

- Performance at the 2019 Sail Canada Youth Championships

Qualification to the Trials Camp will be through one of six Sail Canada Regional Invitational Talent ID Camps hosted in the Central, Atlantic, and Pacific regions, the Sail Canada National Youth Olympic Training Seminar (YOTS) or through performance at the 2019 Sail Canada Youth Championships.

Coaches at the Sail Canada Regional Invitational Talent ID Camps will nominate athletes to the Sail Canada High Performance Director and National Performance Coach who will then issue invitations to the Trials Camp.

Select invitations will also be given to athletes who have not qualified through the Sail Canada Regional Talent Invitational ID Camps but perform in the top 5 positions at the Sail Canada Youth Championships.

Spots Available

For 2019, the camp will be focused on Radials and 29ers. Other classes will be added in future years as dictated by talent levels in each class that are part of the Sail Canada Youth Championships. Athletes that are not in the identified classes for 2019 will also be able to qualify for the camp at this event

2019 Qualification Opportunities

Sail Canada Regional Invitational Talent ID Camps - Central

Single Handed Camp - 3 spots September 6-8 Kingston, Ont

Double Handed Camp - 3 spots September 13-15 Toronto, Ont

Sail Canada Regional Invitational Talent ID Camps - Pacific

Single Handed Camp - 3 spots July 4-7 Kelowna, BC (part of Sail West)

Double Handed Camp - 3 spots July 2-3 Squamish, BC

Sail Canada Regional Invitational Talent ID Camps - Atlantic

Single Handed Camp - 3 spots September 13-15 Halifax

Double Handed Camp - 3 spots September 27-29 Halifax

Sail Canada National YOTS

Singlehanded - 2 spots August 9-11 Kingston, Ont.

Doublehanded - 2 spots August 9-11 Kingston, Ont.

Sail Canada Youth Championships

8 spots total (across all fleets) August 12-16 Kingston, Ont.

Q & A

1. How do I apply for the Sail Canada Invitational Regional Talent ID Camps (Pacific, Central, Atlantic) and the Sail Canada National YOTS?

Commencing, May 15, 2019 applicants will be able to register online for these events. Priority will be given to athletes that live within the region for each regional camp.

2. How will the coaches select athletes for the Canadian Sailing Youth Squad Trials Camp and the Squad itself?

Once an athlete is nominated from either the Regional Invitational Talent ID Camps or National YOTS or the Sail Canada Youth Championships the athlete(s) and their coaches will be given a Sail Canada Talent ID form that they will use to assess the sailors and submit to the SC National Performance Coach and HP Director. In addition, each successful candidate from the Regional Invitational Talent ID Camps will be asked to submit a 5-minute video demonstrating specific sailing skills.

The 5-minute video should include

- leeward mark rounding in minimum 10 knots
- tack and gybe in minimum 10 knots
- 1-minute sailing upwind in minimum 10 knots
- 1- minute sailing downwind in minimum 10 knots

Once this is completed athletes will be invited to the Canadian Sailing Youth Squad Trials Camp.

3. What is my commitment if I were invited to be part of the Canadian Sailing Youth Squad?

If you are selected from the Canadian Sailing Youth Squad Trials Camp to be part of the 2020 Canadian Sailing Youth Squad the expectation is as follows;

1. Attendance at the annual CST / CSDS training camp
2. 1 - 2 weeks of training with the CST or CSDS in the relevant fleet
3. Attendance at one European event chosen by SC

4. Do I have to leave my existing team or training environment if I am selected to the Canadian Sailing Youth Squad?

No, the Youth Squad training is meant to augment identified sailor's skill development and it is SC's expectation that athletes go back to their daily training environments and pass on skills learned to their local or regional teams.

5. How much is this going to cost?

Sail Canada is investing close to \$60,000 into this program. Having said that, this sum is not enough to cover all expenses. Participants can expect a small trials camp fee, a fee for the National YOTS and/or Regional Invitational Talent ID Camp and their expenses to get to the camps. Sail Canada will pay for the coach costs and accommodations for the athletes.

6. How does making the team relate to qualifying for the Sail Canada World Sailing Youth Worlds Team?

It doesn't, they are separate teams. However, if an athlete qualifies for the Sail Canada World Sailing Youth Worlds Team but has not previously qualified for the Canadian Sailing Youth Squad (CSYS), he or she will automatically be named to the CSYS.

7. What happens if the class I am sailing is not currently part of Sail Canada Regional Invitational Talent ID Camps (Pacific, Central, Atlantic)?

Due to limited resources, we can only support a limited number of classes at the Sail Canada Regional Invitational Talent ID Camps in 2019. Double handed camps will be run in the following classes: West – 29er, Central: 29er and East: i420. Athletes from classes other than the specified classes will be able to qualify for the Canadian Sailing Youth Squad Trials Camp at the SC Youth Championships.

8. What will the Canadian Sailing Youth Squad Trials Camp consist of?

The CSYS Trials Camp will be an intense sailing camp where athletes will be objectively measured and by the High Performance Director and the National Performance Coach. This will also include fitness and mental skills assessment testing. Athletes should expect each day to start at 7:30 am and finish at approximately 8:00 pm each night.

9. Who do I contact for more information?

Sail Canada Regional Invitational Talent ID Camps - Atlantic

Single and Double handed - Lisa Ross

Sail Canada Regional Invitational Talent ID Camps - Central

Doublehanded - Lauren Laventure

Singlehanded - Chris Cowan

Sail Canada Regional Invitational Talent ID Camps- Pacific

Sail Canada National YOTS

Single and Double handed - Erin Rafuse

Canadian Sailing Youth Squad Trials Camp

Single and Double handed - Ken Dool ken@sailing.ca

General Questions- Mike Milner mike@sailing.ca

10. Can I qualify for the 2020 team even though I will be 19 in 2020?

Yes, the team will be for all Under 20 sailors.

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