



2020 – 2021 Canadian Sailing Team Sport Canada Carding Criteria.¹

¹ *These criteria are published by Sail Canada are subject to the Sport Canada Athlete Assistance Program Policies and Procedures (AAP Policies and Procedures). In the event, that these criteria conflict with those policies and procedures, the Sport Canada AAP policies and procedures shall take precedence.*

The version of these criteria that is posted on the Sail Canada website may be subject to corruption from various causes including but not limited to hardware and software issues. The version that is posted shall not be the governing version of this document. The governing version shall be that which was accepted by Sport Canada as meeting the requirements of AAP Policy and Procedures and on file at the Sail Canada office.

Sail Canada does not make decisions to grant carding to athletes, but rather submits a list of nominations for carding based on the application of these criteria. Sport Canada approves nominations in accordance with the AAP policies and the published National Sport Organisation's carding criteria.



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Mission of the Canadian Sailing Team:

To Win Olympic and Paralympic Medals and have athletes consistently achieve top 16 results at World Championships and Olympic Games.

General Program Description and Purpose:

The Athlete Assistance Program (AAP) is a national-level funding program designed to contribute toward improved Canadian performances at major international sporting events such as the Olympic/Paralympic Games and World Championships. To this end, the AAP identifies and provides funding directly to athletes for the carding cycle who have demonstrated an ability to finish in the Top 16 of the fleet counting a maximum of 3 entries per country, and finish in the top half of the overall fleet at the Senior World Championships or an Olympic Games.

Athletes who are approved for AAP support are referred to as Carded Athletes. AAP support is known as Carding. AAP funding is intended to contribute to an athlete's living and training costs. It is not intended to serve as an athlete's sole source of income.

Being Carded by Sport Canada does not mean you are a member of the Sail Canada National Team (CST). Automatic designation to the CST is reserved for those who qualify for Senior Cards via Tier 1-4 and for the Canadian Sailing Development Squad (CSDS), automatic designation is via Development Tier 1-2. Additional team members may be selected by the HPD using the subjective criteria in senior card tier 6 and development squad tier 3 criteria.

These criteria are to be applied to determine AAP nominations for the carding cycle starting May 1st, 2020.

Olympic Class Carding Criteria:

Allocation of Cards: Each year Sail Canada is awarded a number of Senior Cards **by Sport Canada**. These Cards are allocated as a combination of Senior Cards and Development ("D") Cards. After the Senior Cards are allocated based on Tier 1-5, and Development ("D") Cards based on Tiers 1-2 of Development Card Qualification, any additional Senior Cards and Development Cards will be allocated based on Tier 6 Senior Card rankings and the athlete's demonstrated potential to be top 16 in the world at the sole discretion of the High Performance Director ("HPD") or his or her equivalent. Any remaining cards will be allocated as Development ("D") Cards, based on Tier 3 of Development Card Rankings.

Rules of General Application for Olympic Class Carding

There are *three stages* to being nominated for Carding to Sport Canada. The *first stage* is meeting the minimum criteria as outlined below, the *second stage* is achieving the objective performance criteria or being ranked high enough on the depth chart to be nominated as outlined later in this document, the *third stage* is fulfilling the requirements outlined in the "Additional Criteria" section of this document. In the event that an athlete achieves the minimum performance criteria, objective criteria or ranking as outlined for Senior Cards and/or Development Cards, but does not meet the Additional Criteria, the next athlete in line who meets all three stages, will be nominated to receive AAP Carding.

For the purposes of these criteria, an individual athlete may be described as "athlete or team". The term "team" shall also apply to the entire crew including skipper on a particular boat for all double-handed classes.

Minimum Eligibility Requirements

- a) Must be a current registered member in good standing of Sail Canada (via Sailing Club membership or Provincial Membership)
- b) Must possess Canadian Citizenship and/or under the eligibility requirements of World Sailing, as it pertains to citizenship or residency status, must be eligible to represent Canada at major international competitions, including World Championships, at the beginning of the carding cycle for which the athlete is being nominated (May 1, 2020)
- c) Must not be under suspension or other sanction for any doping or doping-related offense.
- d) Must commit to sign an Athlete Agreement as required by Sail Canada and Sport Canada.
- e) Must submit a Sail Canada National Team Application form by March 31, 2020.
- f) Must participate in a minimum of 4 of the 2019/2020 evaluation events as listed within Tier 6 Senior Card and Tier 3 Development Card Criteria, unless a request for an exemption due to injury, illness or other legitimate circumstance is approved in advance in writing by HPD.
- g) Commit to attend designated training blocks (to be determined) during the 2020 carding cycle unless a request for an exemption due to injury, illness or other legitimate circumstance is approved in advance in writing by the HPD.

Restrictions on Senior Cards

(A) No athlete will be guaranteed a Senior Card under Tier 3-6 for more than 5 years unless they have:

- 1) Demonstrated performance improvements at World Sailing World Cup Events and/or World Sailing World Cup Qualifying Events taking into consideration fleet size and quality over the duration of the carding period in question; **and**
- 2) Demonstrated improving World Championship and/or European Championship results taking into consideration fleet size and quality over the duration of the carding period in question; **and**
- 3) Demonstrated commitment to a quality training and competitive program, as determined by HPD in his/her sole discretion.

Notwithstanding the above:

- Athletes having achieved Senior Card prior to age 23 will not have these years of Senior card status counted against their total of 5 years of support at this level.
- An athlete that changes classes and subsequently qualifies for a Senior Card under Tiers 4 - 6 may be carded at the Senior Card level for a further 5 years at the discretion of the HPD
- A team that changes team/crew make-up by changing 1 or more crew members is eligible to be carded at the Senior Card level via Tiers 4-6 for an additional 2 years, when qualifying in the class they have been previously carded.
- An athlete carded as Senior Injury Card, having qualified under Senior Card Tiers 2 - 6, will not have the injury card year counted against the 5 year total referred to above.

(B) The number of Senior Cards per class at the Tier 1 level shall not be fixed, except as limited by the total number of Senior Cards available to Sail Canada. If the number of Tier 1 cards for a particular class reaches 5 or more, there shall be no further Senior or C1 cards available to that class at the Tier 2 - 6 levels.

(C) An individual class shall not receive a total of more than 5 Senior and Development cards, unless all cards are achieved by meeting the objective criteria as outlined for Tiers 1-2 for Senior Cards and Tiers 1-2 for Development Cards.

(D) If a class does not include an Internationally Carded team (SR1/SR2) the maximum number of Senior and Development Cards available shall not exceed 4 carded teams.

- (E) In the event that the maximum number of cards in a class is met, and after all other eligible athletes have received carding nominations, carding support remains, the top ranked athlete(s) not already supported from a class having achieved the maximum number of cards may be considered for carding support.
- (F) At the time of the Sport Canada review if an athlete is eligible for carding, and does not wish to accept Canadian Sailing Team status or has retired, the next Canadian team at that Tier will be eligible for a Senior Card or C1 card provided they meet the requirements of that Tier and other restrictions set out herein.
- (G) For the purpose of calculating overall finish positions for all carding qualification events at any and all Tiers for gender restricted classes that have a mixed fleet of men and women, the scores of the men's fleet and women's fleet shall be recorded and considered separately.
- (H) Athletes who meet the Senior Card National Criteria (Tiers 2, 4, 5 and 6) for the first time will be funded at the Development Card level and designated as C1 cards as per the Sport Canada AAP Policy.
- (I) **Senior Card – International Criteria (Tier 1) (SR1/SR2 Cards):** Sport Canada sets these criteria for Senior Cards. Athletes who meet the Tier 1 international criteria are eligible to be nominated by Sail Canada for two consecutive years, with the card for the first year referred to as SR1 and the card for the second year referred to as SR2. The second year of carding is contingent on the athlete being re-nominated by Sail Canada and a training and competitive program approved by Sail Canada and Sport Canada being maintained. The athlete must also sign an Athlete/NSO agreement and complete an AAP Application form for the year in question.

Injury Cards

The injury card policy shall apply to teams in both **Olympic and Paralympic** classes. The policies set out in section 9 of the AAP Policies and Procedures shall apply, the most relevant of which state:

“At the end of a carding cycle during which an athlete has, for strictly health-related reasons, not achieved the standards required for renewal of carded status, he or she may be considered for re-nomination for the upcoming carding period under the following conditions:

- 1) *The athlete has fulfilled all reasonable training and rehabilitation requirements aimed at a speedy return to full high-performance training and competition during the period of his or her injury, illness or pregnancy and despite making every reasonable effort to attain the applicable carding standards during the year in which the injury, illness or pregnancy occurred, has failed to do so, in the view of the NSO, for reasons strictly related to the injury, illness or pregnancy.*
- 2) *The NSO, based on its technical judgement and that of an NSO team physician or equivalent, indicates in writing the expectation that the athlete will achieve at least the minimum standards required for carding during the upcoming carding period.*
- 3) *The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high-performance training and competition goals, as well as his or her intention to pursue full high-performance training and competition throughout the carding period for which he or she wishes to be renewed despite not having met the carding criteria.”*

Carding Priority for Injury Cards

An athlete, who is eligible for a Carding Nomination under these injury card provisions, shall be eligible for a carding nomination at the bottom of the Tier in which he or she was carded the previous year. (e.g. An athlete who was carded at the Tier 2 level in 2019-20 would receive the last available Tier 2 carding nomination in his/her class for 2020-21 cards after first considering all athletes who did in fact compete in the selection event(s). If awarded,



injury cards will result in one or more athletes who do compete in the selection events not getting a card for which they would have otherwise been nominated.)

Transfer of Senior Cards to Development Cards

In the event that not all Senior Cards can be awarded to athletes based on the outlined criteria, the unallocated Senior Cards will be transferred to the Development Card Criteria for allocation to athletes based on availability of additional cards and athletes meeting all requirements and restrictions of the Development Card Criteria.

In the event that a single Senior card or Development card remains following the application of the criteria, the card will be split amongst the eligible team members of the boat in question, thus for a two person class the team members are carded for a 6 month period.



Qualification System for Senior and C1 Cards

Sport Canada AAP policies and procedures allow the National Sport Organization (Sail Canada) to set criteria for Senior Cards (Sail Canada Tiers 2- 6) and Development Cards. Sport Canada sets the Carding Criteria for Senior International Cards. (Sail Canada Tier 1)

Sail Canada has divided the Qualification system into a 6 Tier system for Olympic Senior Cards, and a 3 Tier system for Development Cards.

<p>Tier 1: Sport Canada Senior International Criteria (SR1/SR2) (2-year card)</p>	<ul style="list-style-type: none"> • Finish in the top 8 of the fleet at the 2019 Olympic Class World Championships, and/or the 2020 Olympic Class World Championships completed prior to April 30, 2020 counting a maximum of 3 entries per country, AND • Finish in the top half of the overall fleet.
<p>Tier 2: 1 year Senior Card (SR/C1)</p> <p><i>Availability:</i> If any cards remain after the application of Tier 1 criteria then eligible teams may be considered for nomination under Tier 2 criteria.</p>	<ul style="list-style-type: none"> • Finish in the top 16 of the fleet at the 2019 Olympic Class European Championships counting a maximum of 3 entries per country, AND • Finish in the top half of the overall fleet. <p>OR</p> <ul style="list-style-type: none"> • Finish in the top 16 Nations at the 2019 Olympic Class World Championships and/or the 2020 Olympic Class World Championships completed prior to April 30, 2020, AND • Finish in the top half of the overall fleet. <p>If more athletes qualify under this Tier than the number of cards available, then all athletes in this group will be ranked as follows:</p> <p>Finish position divided by total fleet size in the relevant Championship. Lower fractions rank ahead of higher fractions. Ties will be resolved based on the application of Rule A8 of the Racing Rules of Sailing.</p>
<p>Tier 3: Transitional Performer/Returning Performer 1 year Senior Card (SR)</p> <p>A returning performer athlete (Defined as Top 10 at World Championships or Top 10 at Olympic Games during the past 2 quadrennials) or transitional performer (Defined as Top 10 at World Championships or Top 10 at Olympic Games during the past 2 quadrennials Non-Olympic events) that has proven themselves in an Olympic Class can be carded at this level for 2 years.</p> <p><i>Availability:</i> If any cards remain after the application of Tiers 1 & 2 criteria then eligible teams may be</p>	<p>If the identified transitional performer/returning performer does not meet Tier 1 or 2 Criteria, he or she must qualify for the team via a minimum of Tier 4-6 and will be ranked within the overall ranking of athletes prior to those athletes qualifying at Tier 4, 5 and 6.</p>



<p>considered for nomination under Tier 3 criteria.</p>	
<p>Tier 4: 1 year Senior Card (SR/C1)</p> <p><i>Availability:</i> If any cards remain after the application of Tiers 1-3 criteria then eligible teams may be considered for nomination under Tier 4 criteria.</p>	<p>Top 30% of overall fleet performance in final standings at nomination event or Top 50% at nomination event if the fleet entry is restricted to 40 boats or less by the Notice of Race.</p> <p>Nomination Event: 2020 Sailing World Cup Miami</p> <p>If more athletes than the number of cards available meet this criteria, then all athletes in this group will be ranked as follows:</p> <p>Finish position divided by total fleet size at relevant championships. Lower fractions rank ahead of higher fractions. Ties will be resolved based on the application of Rule A8 of the Racing Rules of Sailing.</p>
<p>Tier 5: 1 year Senior Card (SR/C1)</p> <p><i>Availability:</i> If any cards remain after the application of Tier 1 – 4 criteria then eligible teams may be considered for nomination under Tier 5 criteria.</p>	<p>Top 50% of fleet at an Olympic Class World Championships in 2019, and/or 2020 Olympic Class World Championships that will continue to be an Olympic class in 2024, completed prior to April 30, 2020</p> <p>If more athletes than the number of cards available finish in the top 50% at the World Championship, then all athletes in this group will be ranked as follows:</p> <p>Finish position divided by total fleet size in the relevant World Championship. Lower fractions rank ahead of higher fractions. Ties will be resolved based on the application of Rule A8 of the Racing Rules of Sailing.</p>
<p>Tier 6: 1 year Senior Card (SR/C1)</p> <p><i>Availability:</i> If any cards remain after the application of Tiers 1-5 criteria then eligible teams may be considered for nomination under Tier 6 criteria.</p>	<p>See Box 1, page 9</p> <p>Athletes that have been carded at the Senior card level for 3 or more years including C1 card are not eligible to be re-carded via Tier 6 unless those cards were received by athletes not more than 23 years of age at the time of carding. In that case any cards received in those years will not be counted as part of the 3-year restriction.</p>

Note: If a athlete is unable to meet the objective criteria of Tier 1-5, their ranking in Tier 6 is at the sole discretion of the HPD based on his or her review of the submitted documentation from the National Performance coach (NPC) and in the opinion of the HPD still has the potential of being in the Top 16 in the world in an Olympic Class at the World Championships or Olympic Games as per the purpose of Carding. There is also no guarantee that any athlete will be ranked high enough to qualify for a Senior Card in Tier 6. These available cards may, at the sole discretion of the HPD, be used as development Cards.

Box 1 - Tier 6 Senior Carding Nominations:

Unlike Tiers 1-5 athletes who are judged in this policy on objective performance, Tier 6 athletes will be nominated for SR or C1 carding on the basis of their position on the Tier 6 depth chart, created by the High Performance Director or his or her equivalent. Athletes who meet the “minimum eligibility criteria”, will be ranked based on the following parameters. The weighting of each parameter will be the same for each Tier 6 athlete, with an evaluated score of 1-10 multiplied by the assigned weighting factor.

International Potential – includes assessment of willingness to compete at prescribed international events, finishes at international events, including demonstrated improvements in performance both in individual races and overall standing, demonstrated ability to perform at Tier 6 Evaluation events (see list below) demonstrated ability to manage a competitive schedule, and the demonstrated focus of the athlete(s) on the achievement of goals leading to future competitive success. (Evaluated Score x 1.5)

Technique: Includes assessment of major skill sets – upwind speed skills, downwind speed skills, down-speed boat handling skills, and starting skills. (Evaluated Score x 1)

Tactics and Strategy: Includes assessment of strategy and tactical application in competitive environment, communication skills (crewed boats), decision making. (Evaluated Score x 1)

Physical Testing: Athletes will provide the HPD with test scores based on approved Sail Canada protocol, with testing completed at one of the Canadian Sport Institutes where applicable. These scores will be submitted as part of the athlete application process. (Evaluated Score x 1)

Coachable: Includes assessment of ability to communicate with coaches, adoption of new techniques, strategy or tactics, receive and understand feedback, willingness to address/change flaws, and respect of coaching decisions, and commitment to train with team at designated training blocks. (Evaluated Score x 0.75)

Evaluation Events:

World Championship, World Cup, World Cup Qualifying Events, European Championships and Princess Sofia (Palma), Semaine Olympique Francais (Hyeres), Kiel Week
Class sanctioned Canadian, and North American Championships
Class sanctioned Mid-winter Championships
CORK (unless conflicting with major event approved by HPD)
Identified National Team training blocks

To be evaluated athletes must participate in a minimum of 4 “evaluation events”. It is not required to have participated in all events to be considered. CORK is a mandatory event for all currently carded athletes unless a request for an exemption due to injury, illness, conflicting international event, or other legitimate circumstance is approved in advance and in writing by the HPD.





Qualification System for Development Cards

Availability: D Cards 1 year

The number of Development Cards is dependent upon the number of athletes achieving Senior Card objective standards. Any remaining Cards will be allocated as Development Cards at the sole discretion of the HPD or his/her equivalent.

All athletes must meet the Minimum and Additional Criteria as outlined in this document.

In order for an athlete to receive a Development Card, they must demonstrate their ability to fulfill the commitments of a training and competitive program in an Olympic class approved by the HPD and be based at a suitable training location as approved by the HPD. If the athlete is not able to adequately demonstrate this commitment required for progression in performance, the nomination will go to next eligible athlete for a Development Card.

Athletes competing in identified classes as listed below are eligible to apply for carding status by submitting a detailed strategy as to how they plan to transition to an Olympic class. This strategy must be approved by the HPD.

Identified Classes:

I420 Men (M) & Women (W), 29er M & W, Radial M & W, Laser M, RSX M & W, 49er FX Men, Nacra 15

Qualifications/Restrictions on Carding

1. Athlete meeting the Development Card Criteria must be 23 years of age or under at the time of Carding.
2. Athlete having obtained a Senior Card greater than C1 while 23 years of age or under in any class will be considered eligible for a Development Card if they meet the Tier 1, or Tier 2 Development Criteria
3. All Development Cards earned before the age of 19 shall not be counted when considering the Carding restrictions listed below.
 - a. Athlete having obtained a Senior Card greater than C1 while 23 years of age or under in any class, who does not currently meet Tier 1, or Tier 2 Development Card Criteria as per # 2 above will be considered eligible for a Tier 4 Criteria for a maximum of 1 year.
 - b. An athlete having previously received a C1 card is eligible to receive a Development Card in the same class for maximum of 3 years, unless the athlete meets Tier 1, or Tier 2 Development Criteria,
 - c. An athlete can only be carded at the Development Card level for a maximum of 3 years unless the athlete meets Tier 1, or Tier 2 of Development Card Criteria
4. No more than 4 teams may receive Development Cards in each class, provided the class remains within the overall parameters for the maximum number of cards allowed for each class.
5. For the purpose of calculating overall finish positions for any carding qualification event that has a mixed fleet of men and women, the scores of the men's fleet and women's fleet shall be recorded and considered separately.
6. An athlete is eligible to receive a Development Card for an additional 2 years when qualifying in a different class.



Development Card Qualification

<p>Tier 1</p>	<p>An athlete/team that:</p> <ul style="list-style-type: none"> • Finishes in the top 8 of the fleet at the 2019 World Sailing Youth Worlds, AND • Finishes in the top half of the overall fleet, will be eligible to apply for carding status in an Olympic Class. <p>In the event of a tie and more than 6 athletes meeting the Tier 1 performance criteria, this shall be resolved on the basis of comparing all athletes scores based on Rule A8 of the Racing Rules of Sailing.</p>
<p>Tier 2</p> <p><i>Availability:</i> If any Development cards remain after application of Development Card Tier 1 then eligible teams may be considered for nomination under Development Card Tier 2 criteria.</p>	<p>An athlete/team that:</p> <ul style="list-style-type: none"> • Finishes in the top 20% of the fleet at the identified 2019 World Championships, counting a maximum of 3 entries per country AND • Finishes in the top half of the overall fleet, will be eligible to apply for carding status in an Olympic Class. <p>Identified 2019 World Championships: 29er Worlds, Laser Standard and Radial Junior World Championship, Laser Radial Youth World Championships, 49er/FX Junior World Championships, RSX u21 World Championships, Nacra 15 World Championships, i420 World Championships and 470 Junior World Championships. The events listed must be stand alone events hosted by the class, events sailed as part of a Senior championship will not be considered.</p> <p>In the event of a tie between teams, it shall be resolved on the basis of comparing all athletes scores based on Rule A8 of the Racing Rules of Sailing.</p>
<p>Tier 3</p> <p><i>Availability:</i> If any Development cards remain after application of Development Card Tier 1 and 2 then eligible teams may be considered for nomination under Development Card Tier 3 criteria.</p>	<p>See Box 2, below, page 12.</p>

Box 2 - Tier 3 Development Carding Nominations:

Unlike Tier 1-2 athletes who are judged in this policy on performance, Tier 3 athletes will be nominated for Development carding on the basis of their position on the Tier 3 depth chart, created by the High Performance Director or his or her equivalent. Athletes who meet the “minimum eligibility criteria”, will be ranked based on the following parameters. The weighting of each criteria will be the same for each Tier 3 athlete, with an evaluated score of 1-10 multiplied by the assigned weighting factor.

International Potential – includes assessment of willingness to compete at prescribed international events, finishes at international events, including demonstrated improvements in performance both in individual races and overall standing, demonstrated ability to perform at Tier 3 Evaluation events (see list below) demonstrated ability to manage a competitive schedule, and the demonstrated focus of the athlete(s) on the achievement of goals leading to future competitive success. (Evaluated Score x 1.25)

Technique: Includes assessment of major skill sets – upwind speed skills, downwind speed skills, down-speed boat handling skills, and starting skills. (Evaluated Score x 0.75)

Tactics and Strategy: Includes assessment of strategy and tactical application in competitive environment, communication skills (crewed boats), decision making. (Evaluated Score x 0.75)

Physical Testing: Athletes will provide the HPD with test scores based on approved Sail Canada protocol with testing completed at one of the Canadian Sport Institutes. These scores will be submitted as part of the athlete application process. (Evaluated Score x 1)

Coachable: Includes assessment of ability to communicate with coaches, adoption of new techniques, strategy or tactics, receive and understand feedback, willingness to address/change flaws, and respect of coaching decisions, and commitment to train with team at designated training blocks. (Evaluated Score x 0.75)

Evaluation Events:

Age Group World Championship, World Championships, World Cup and World Cup Qualifying Events, European Championships and Princess Sofia (Palma), Semaine Olympique Francaise (Hyeres) and Kiel Week.

Class sanctioned Canadian, and North American Championships

Class sanctioned Mid-winter Championships

CORK (unless conflicting with major event approved by HPD)

Identified National Team training blocks

To be evaluated athletes must participated in a minimum of 4 “evaluation events”. It is not required to have participated in all events to be considered. CORK is a mandatory event for all currently carded athletes unless a request for an exemption due to injury, illness or other legitimate circumstance is approved in advance and in writing by the HPD.

Athlete’s competing in identified classes as listed below are eligible to apply for carding status as they transition to an Olympic class.

Identified Classes:

I420 M & W, 29er M & W, Radial M & W, Laser M, RSX M & W, 49er FX Men, Nacra 15

Additional Criteria for Olympic Classes

Meeting the outlined performance criteria or being ranking on the depth chart does not guarantee a nomination for AAP support. In line with the performance targets and objectives of Sail Canada for World Championships and Olympic/Paralympic Games, and to optimise the development of athletes along the Podium Pathway, the additional criteria must also be met for any athlete to be nominated for carding.

- a) An athlete must be able to demonstrate progression in their performance, as shown by performance indicators such as, in comparison to performances in previous years, performance on fitness assessments, and maintenance of appropriate body composition for the class in question.
- b) The athlete must agree to engage with the designated National Team Coach/identified coach and the High Performance Director (“HPD”) to complete an individual annual training plan, and must agree to and follow the training recommendations to meet the aims and objectives of the athlete for 2020-21.
- c) The athlete must be based at a training location identified by the National Team Coach/identified coach and the HPD or at a suitable location agreed to by the National Team Coach/identified coach and the HPD, making it possible for the athlete’s training plan to be carried out under regular coaching supervision.
- d) The athlete must be able to show a history of engagement with the Sail Canada National Team (NT) where applicable, including taking part in NT training camps, training groups, tests and assessments.
- e) The athlete must agree to follow the NT program as outlined by the National Team Coach/identified coach and HPD in its entirety and attend all NT training camps and competitions as required. Some exceptions may be made with consultation and agreement of the athlete’s identified coach and the HPD.
- f) The athlete must take part in an in person interview with the High Performance Director and/or the National HP Coach at a Canadian Sailing Team Training Camp (Dates to be confirmed)
- g) To be considered for a Senior card, C1 Card or Development Card the athlete must participate in a minimum of 40 days training for the development card and 55 days for the senior card level including competition during the period between November 1st and April 30th annually.
- h) For a returning athlete to be considered for a C1 Card or Development Card an athlete must demonstrate a 10% improvement on the standardized Sail Canada fitness testing protocol over the course of the carding period.



Paralympic Class Carding Criteria:

Allocation of Cards: Each year Sail Canada is awarded a number of Senior Cards. These cards will be allocated based on results at the various qualifying events listed below. These cards will be a combination of Senior International Cards (Tier 1) and Senior National Cards (Tiers 2 & 3)

To be considered eligible for any carding under these criteria, all members of the team must meet the Classification requirement in force for the 2019 Para World Championships, for the class in which that team seeks carding nomination.

Rules of General Application for Paralympic Class Carding

There are *three stages* to being nominated for Carding to Sport Canada. The *first stage* is meeting the minimum criteria as outlined on page 4, the second stage is achieving the objective performance criteria as outlined later in this document, the *third stage* is fulfilling the requirements outlined in the “Additional Criteria” section of this document. In the event that an athlete achieves the minimum performance criteria, but does not meet the Additional Criteria, the next athlete in line who meets all three stages, will be nominated to receive AAP carding.

For the purposes of these criteria, an individual athlete may be described as “athlete or team”. The term “team” shall also apply to the entire crew including skipper on a particular boat for all double and triple handed classes.

Restrictions on Senior Cards:

(A) No athlete will be guaranteed a Senior Card under Tiers 2 and 3 for more than **FIVE (5)** years.

To be considered eligible for a Senior Card under Tiers 2 and 3, in their current class for more than **FIVE (5)** years, an athlete must:

- 1) Demonstrate performance improvements at international events, taking into consideration fleet size and quality over the duration of the carding period in question; **and**
- 2) Demonstrate improving results in Open and Para World Championships in Paralympic classes, taking into consideration fleet size and quality over the duration of the carding period in question; **and**
- 3) Demonstrate commitment to a quality program, as determined by HPD in his/her sole discretion.

An athlete that changes classes and subsequently qualifies for a Senior Card under Tiers 2 and 3 may be carded at the Senior Card level for a further **FIVE (5)** years before the above-mentioned criteria takes effect.

Further a team that changes team/crew make-up by changing 1 or more crew members is eligible to be carded at the Senior Card level via Tiers 2 and 3 for an additional 2 years, when qualifying in the class that they have been previously carded in.

(B) At the time of the Sport Canada review if an athlete is eligible for carding, and does not wish to accept Canadian Sailing Team status or has retired, the next Canadian team at that Tier will be eligible for a Senior Card or C1 card provided they meet the requirements of that Tier and other restrictions set out herein.

(C) For the purpose of calculating overall finish positions for all carding qualification events at any and all Tiers for Paralympic events that have both able bodied and athletes with a disability competing, the scores for the athletes with a disability shall be recorded and considered separately.

(D) Athletes who meet the Senior Card National Criteria (Tiers 2 and 3) for the first time will be funded at the Development Card level and designated as C1 cards. (as per Sport Canada AAP policy)

- (E) **Senior Card – International Criteria (Tier 1) (SR1/SR2 Cards):** Sport Canada sets these criteria for Senior Cards. Athletes who meet the international criteria are eligible to be nominated by Sail Canada for two consecutive years, with the card for the first year referred to as SR1 and the card for the second year referred to as SR2. The second year of carding is contingent on the athlete being re-nominated by Sail Canada and a training and competitive program approved by Sail Canada and Sport Canada being maintained. The athlete must also sign an Athlete/NSO agreement and complete an AAP Application form for the year in question.

In the event that a single card remains following the application of the criteria, the card will be split amongst the eligible team members of the boat in question, thus for a two person class the team members are carded for a 6 month period, for a three person class the team members are carded for a 4 month period.

Qualification System for Paralympic Senior and C1 Cards

Tier 1:

2 year Senior Card (SR1/SR2)

Sport Canada International Criteria:

Performance Criteria:

- Finish in the top 8 of the fleet at the 2019 Para World Sailing Championships counting a maximum of 3 entries per country, AND
- Finish in the top half of the overall fleet.

Tier 2:

1 year Senior Card (SR/C1)

Availability: If any cards remain after application of Tier 1 criteria then eligible teams may be considered for nomination under Tier 2 criteria.

Performance Criteria: A team achieves a podium finish at the 2019 Para World Sailing Championships (in a Paralympic class) but does not meet the international criteria due to the top ½ fleet restrictions. A minimum of 5 entries are required to satisfy this criteria.

Tier 3:

1 year Senior Card (SR/C1)

Availability: If any cards remain after the application of Tier 1 & Tier 2 criteria then eligible teams may be considered under Tier 3 criteria.

Performance Criteria:

- Finish in the top 50% of the fleet at the 2019 Para World Sailing Championships
- If more athletes than the number of cards available finish in the top 50% at the World Championship, then all athletes in this group will be ranked as follows:
- Finish position divided by total fleet size in the relevant World Championship. Lower fractions rank ahead of higher fractions. Ties will be resolved based on the application of Rule A8 of the Racing Rules of Sailing.

For the purpose of calculating overall finish positions for all carding qualification events at any and all Tiers for Paralympic events that have both able bodied and athletes with a disability competing, the scores for the athletes with a disability shall be recorded and considered separately.

Additional Criteria for Paralympic classes



Meeting the outlined performance criteria alone does not guarantee a nomination for AAP support. In line with the performance targets and objectives of Sail Canada for World Championships and Paralympic Games, and to optimise the development of athletes along the Podium Pathway, the additional criteria must also be met for any athlete to be nominated for carding.

- a) An athlete must be able to demonstrate progression in their performance, as shown by performance indicators such as, in comparison to performances in previous years, performance on fitness assessments, and maintenance of appropriate body composition for the class in question.
- b) The athlete must agree to engage with the designated National Team Coach/identified coach and the High Performance Director (“HPD”) to complete an individual annual training plan, and must agree to and follow the training recommendations to meet the aims and objectives of the athlete for 2020-21.
- c) The athlete must be based at a training location identified by the National Team Coach/identified coach and the HPD or at a suitable location agreed to by the National Team Coach/identified coach and the HPD, making it possible for the athlete’s training plan to be carried out under regular coaching supervision.
- d) The athlete must be able to show a history of engagement with the Sail Canada National Team (NT) where applicable, including taking part in NT training camps, training groups, tests and assessments.
- e) The athlete must agree to follow the NT program as outlined by the National Team Coach/identified coach and the HPD in its entirety and attend all NT training camps and competitions as required. Some exceptions may be made with consultation and agreement of the athlete’s identified coach and the HPD.