



# Marine Survival Systems Training

## ISAF Offshore Personal Survival

### AIM

This program is designed to develop awareness of responsibilities amongst offshore yacht skippers and crews, to provide them with practical strategies for coping with emergencies at sea, and to familiarize them with safety and emergency equipment, its purpose, deployment, and proper use.

### CONTENT

- Care & maintenance of safety equipment
- Storm sails, damage control & repair
- Heavy weather-crew routines, boat handling
- Sea anchors
- MOB prevention & recovery
- Assisting other boats
- Cold water physiology
- SAR protocols & methods
- Vessel abandonment
- Life rafts & PFD's
- Marine fire fighting (fire extinguishers)
- Pyrotechnics & distress signals / EPIRBs
- Communications / VHF / GMDSS

### DURATION

One (1) day

### PREREQUISITES

- **Medicals:** It is required that trainees have a valid offshore, seafarers', divers', or pilots' medical certificate for participation. Official medicals will be accepted until their date of expiry (an expiry date **MUST** be clearly stated on the medical to be accepted).
- **Fitness certification form:** In absence of the aforementioned medicals, trainees may have a Survival Systems in-house "Fitness Certification Form" completed by their family physician. The "Fitness Certification Form" does not constitute an official medical and thus will only be accepted for training within three months of issue.
- **WITHOUT EXCEPTION**, trainees who arrive without a current medical certificate will be refused the course and the company/individual will be charged an administration fee for cancellation.
- Must be fifteen (15) years of age or older to participate.

### CERTIFICATION

All persons who successfully complete the program based on the performance standards will receive:

- A Survival Systems certificate for ISAF Offshore Personal Safety (5 year expiry).
- A laminated picture identification card.