

April 7, 2004

CYA Youth Code of Conduct

I, _____, am a youth athlete training and competing in the sport of sailing.

I understand that while competing, training and participating in the sailing community I must:

- Work towards the attainment of my full potential in the lifelong sport of sailing.
- Respect fellow sailors, volunteers (parents, race officials...), club staff, PSA/CYA staff and coaches.
- Be gracious in victory and defeat, be co-operative, sportsmanlike and always remain a team player. I will remember that my actions on and off the water reflect not only on me but my sailing organization as well.
- Regard the Racing Rules as a form of agreement. The Rules represent the spirit or letter which I shall not evade or break.
- Treat all clubs, public areas, accommodation facilities, as well as other people's property as my own. I understand that any willful destruction of property or theft is not permitted. Full payment will be required for any destruction.
- Not get involved in any act considered to be an offense under federal, provincial or local laws.
- Neither possess or use any prohibited drugs, alcohol, cigarettes or non-medicinal drugs while attending a CYA sponsored event and/or an event run by my club or provincial sailing team.
- Become aware of what "anti-doping" is all about, and ensure that I triple check to make sure any medications/prescribed drugs/nutritional supplements I take are not considered banned/restricted substances. (Note- you can check this all out via www.cces.ca)
- Enjoy the sport!

I understand that any disciplinary problems which arise shall be investigated by the regatta jury, and/or CYA personnel on site. If it is decided that individuals are not adhering to the above guidelines, the following actions may be pursued;

- a) Termination of individual's participation in the given event.
- b) Removal of individual's right to compete in future related events,
- c) Withdrawal of funding for future CYA and/or PSA/Club events/teams
- d) **Individual may be subjected to further discipline by CYA and/or club/PSA.**

Athlete Signature

Date

REMEMBER...

"You haven't won the race if in winning the race; you have lost the respect of your competitors." (Paul Elvstöm)